

Carson City Bike Park

A public bike park at JohnD Winters Centennial Park

● Muscle Powered | Board of Supervisors | September 17, 2026

Recommended for approval by the Parks and Recreation Commission, August 18, 2026 (unanimous)

Who is Muscle Powered

A Carson City nonprofit, doing this work here for over two decades

Local

A Carson City 501(c)(3). Volunteer board and volunteer crews.

Trails

Over two decades of building and maintaining trails across Carson City, in partnership with the City.

Track record

We have delivered successful projects on City and public land before, and we continue to maintain them – such as Ash to Kings Trail, Cap to Tahoe Trail, and Prison Hill.

What we are asking tonight

A motion to approve a Memorandum of Understanding for planning, fundraising, design, and development for the Carson City Bike Park between Carson City and Muscle Powered.

The Parks and Recreation Commission unanimously recommended approval on August 18, 2026.

What the MOU covers

- Planning
- Fundraising
- Design
- Development

What it does not do

- Commit any City funding
- Convey any property interest
- Authorize construction
- Settle a final design or footprint

What a bike park is

Five elements, smallest to largest

Tot track	A short, gentle trail or loop for balance bikes, tricycles, and beginner riders.
Pump track	A continuous looping track with rollers and banked turns. Riders build speed with body movement instead of pedaling.
Skills area	Features generally designed to be ridden at low speed, often with an easier option alongside, where riders learn to handle different types of terrain.
Flow trails	Reasonably smooth descending trails with berms and rollers, built at a range of difficulty levels.
Jump lines	Progressive features sized from extra small to extra large, in separate and clearly marked areas. Riders choose their line. Advanced areas are separated and marked at the entrance, the way a ski area marks a run.

Already in the approved Master Plan

JohnD Winters Centennial Park Master Plan, Upper Park

- Approved unanimously by the Board of Supervisors, November 20, 2025.
- 686 residents responded to the City's survey. 79 percent supported a bike park at Centennial, and it drew more first-place votes than any other proposed amenity.

Designed for everyone

Every age

The same facility serves a three-year-old on a balance bike, a high schooler working on their jump progression, and parents spending quality time with their kids.

Every ability

Adaptive riding is part of the design conversation from the start. Modern adaptive bikes ride most beginner and intermediate terrain.

Every family

A rider who starts on the tot track is still using the same park ten years later on the jump lines.

Open to the public

Our goal is no gate and no membership. Open to anyone, and organized programs or events may carry a fee, the same as elsewhere in the park system.

Right now, our local riders who want to progress drive to Truckee, Lake Tahoe, or Reno.

How it gets funded

Muscle Powered raises it

Design, construction, and long-term maintenance funding are our responsibility. The City is not being asked to contribute.

Phased

After fundraising (which is essentially the first phase), the rideable phases are each designed to be complete. If we raise less, we build less. We do not end up with a half-built park.

Mixed sources

Major donors, local business support, community giving, and grant programs that require exactly the kind of agreement we are asking for tonight.

The MOU opens the door to fundraising. Most funders will not consider a project without a formal agreement in place.

Long-term stewardship

Built to last

Professional design and construction from the start. Durable construction costs more up front and far less over twenty years.

Funded, not hoped for

Maintenance money is raised alongside construction money, into a dedicated reserve. It is part of the campaign, not a later problem.

Accountable

Muscle Powered remains responsible to the City under the agreement, and any future operating arrangement comes back to the City for approval.

What this does for Carson City



Youth

Somewhere to go,
something to work at,
and a sport that rewards
patience and
progression.



Health

An outdoor facility open
to the public, creating a
widely desired/needed
piece of parks and
recreation infrastructure.



Visitors

Riders travel for bike
parks. They eat, fuel up,
and stay here when they
do.



Assets

A capital improvement at
Centennial that the City
does not have to fund.

Next steps

Design comes first. Construction is funded and phased from there.

1

Fund design

Muscle Powered raises money for a plan set and an engineer's cost estimate.

2

Land due diligence

Runs concurrently with the City while design is underway.

3

City reviews design

The City reviews and approves the design before construction fundraising begins.

4

Fund construction

Once design and a cost estimate exist, Muscle Powered raises construction funding, phased per the designer's recommendation.

The ask

“I move to approve the Memorandum of Understanding between Carson City and Muscle Powered.”

Thank you. Happy to answer questions.

● Muscle Powered