



Carson City Parks, Recreation & Open Space
3303 Butti Way # 9 (775) 887-2262 <u>www.carson.org</u>

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# PARKS AND RECREATION DEPARTMENT

#### Director

Jennifer Budge

#### PARKS AND RECREATION COMMISSION

Chair

Kurt Meyer

**Vice Chair** 

Molly Walt

# **Commissioners**

Lea Case, Jacob Mcdermott, Lisa Schuette,
David Whitefield, Diane Baker-Roberts

#### **OPEN SPACE ADVISORY COMMITTEE**

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Vice Chair

Donna Inversin

#### **Committee Members**

Samuel Mozingo, Aeryn Mcqueary
Susan Martinovich, Jay Wiggins, Mary Berge

#### **CULTURAL COMMISSION**

Chair

Bethany Drysdale

**Vice Chair** 

Barbara D'Anneo

# **Committee Members**

Sam Flakus, Curtis Horton, Valerie Moore, Susan Mowers, Michael Smith

#### **HOW TO REGISTER**

You can register for programs in one of two ways: online at <a href="https://www.carson.org/ccpr">www.carson.org/ccpr</a> or by visiting the MAC, Carson Aquatic Facility, or Community Center (between 2:30pm-6:30pm).

#### **NEW PROGRAMS**

If you see this symbol, it means it is a brand new program that we have not offered before. Sign up, enjoy, then tell us what you think. We are always trying to improve our programs and offer new experiences to the community.



# **CANCELATION/REFUND POLICY**

Refunds will be given only when a program is canceled by the Parks and Recreation Department. Canceled contract class refunds will be the responsibility of the instructor. Refunds requested for any other reason will be determined at the discretion of management and may be subject to a 10% processing fee. Refunds may take 2-3 weeks to process.

#### **INCLUSION POLICY**

The Carson City Parks, Recreation & Open Space Department is committed to providing reasonable accommodation and accessibility for participants of all ages and abilities. To ensure we can meet your accessibility needs, please request and complete a Modification Information Form <a href="https://www.carson.org/government/departments-g-z/forms">www.carson.org/government/departments-g-z/forms</a> (or pick one up at the Community Center) at the time of registration to help us better understand your requirements. Contact amenendez@carson.org for more information.

#### **PHOTO POLICY**

By attending any Carson City Parks and Recreation program or event, you understand that a photo of you or your family may be taken and may be used in future marketing materials. Names are not published without permission granted by the participant or the participant's parent or guardian. If you do not wish to have your photo taken, please notify the photographer or program supervisor.

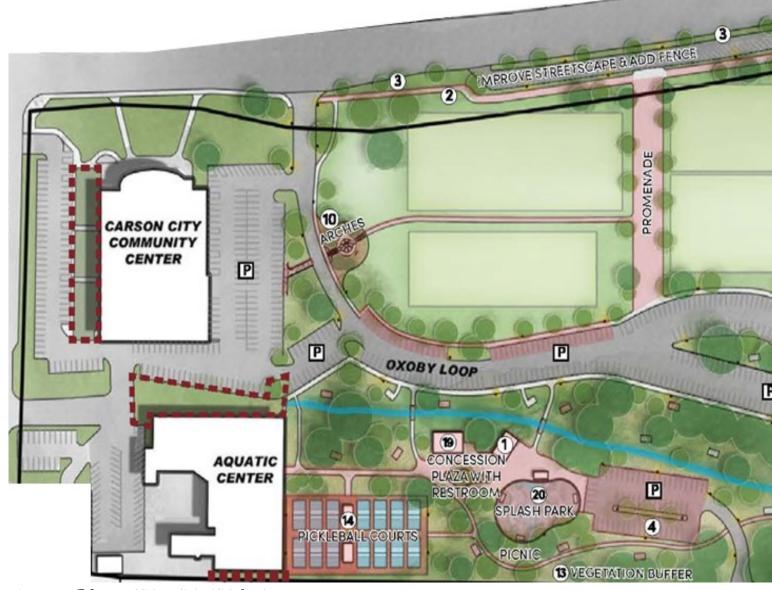
#### **YOUTH SCHOLARSHIPS**

Youth Scholarships are available for qualifying families seeking financial assistance with recreation programs.

Guidelines and applications are available at <a href="https://www.carson.org/scholarships">www.carson.org/scholarships</a>

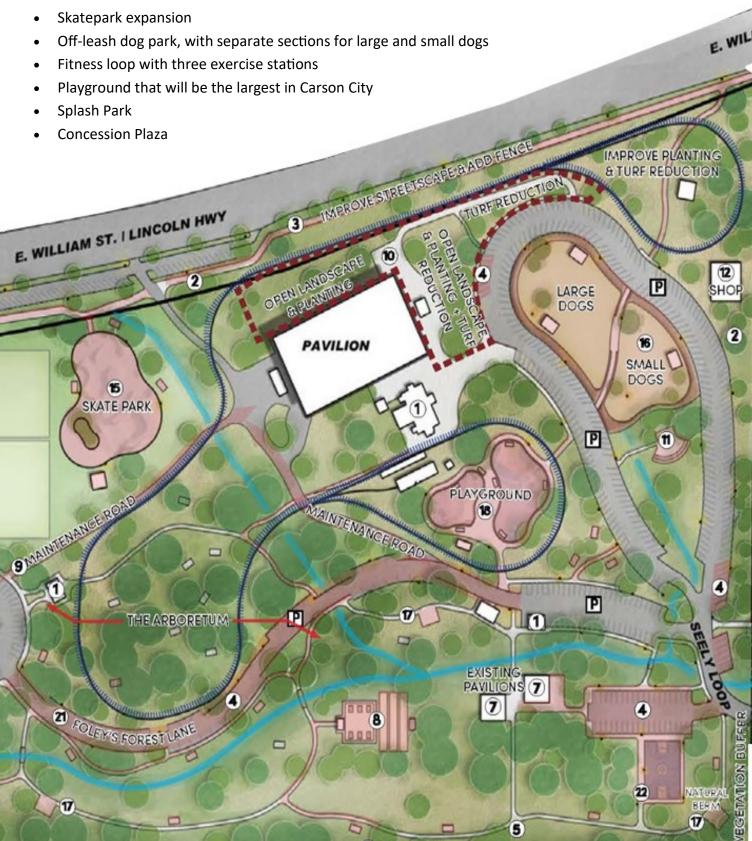
# 14.9 MILLION DOLLARS IN MILLS PARK IMPROVEMENTS

With the recently awarded SNPLMA grant for nearly 15 million dollars, Carson City will renovate the 53-acre Mills Park in Carson City, Nevada, to implement improvements from the Mills Park Master Plan to preserve the park's natural aesthetic and design, while creating a cohesive user-friendly park that responds to the concerns and needs of the community. This project will renovate Carson City's primary regional park, which is currently a high maintenance property with many outdated facilities, crumbling infrastructure, and insufficient parking. The renovated park will be designed and constructed for sustainability and resiliency.



Further, the project will protect and preserve culturally significant sites, and construct or restore other facilities and amenities to reimagine Carson City's primary regional park. Project components will enhance public opportunities for recreation, education, community-based events, and activities, some of which will be new and unique to Carson City. Some of the proposed attractions include:





# Carson City Community Center



# **COMMUNITY CENTER FACILITY RESERVATIONS**

AVAILABLE SPACE	SQ. FT.	MAXIMUM OCCUPANCY	PRICE
Bonanza Room	594	39	\$39/hour
Comstock Room	744	49	\$39/hour
Full Gym	9,810	654	\$220/5 hours
Robert "Bob" Crowell Board Room	1,250	72	\$50/hour
Tahoe Room	1,750	116	\$50/hour
Bob Boldrick Theater	N/A	564 Seats	\$550/5 hours
Theater Lobby	2,100	140	\$28/hour

851 E. WILLIAM STREET · (775) 887-2290 · MANAGER: ERIC KLUG, EKLUG@CARSON.ORG

# Robert "Bob" Crowell Multi-Purpose Athletic Center (MAC)



# **MAC HOURS**

MONDAY-FRIDAY • 6:30am-8:00pm SATURDAY-SUNDAY • 9:00am-5:00pm

AGE	DROP-IN	10 PUNCH*	1 MONTH*	3 MONTH*	ANNUAL*
Youth (4-17)	\$4.00	\$30.00	\$39.00	\$99.00	\$252.00
Adult (18-59)	\$5.00	\$38.00	\$49.00	\$124.00	\$315.00
Senior (60+)	\$4.00	\$30.00	\$39.00	\$99.00	\$252.00
Family	\$14.00	\$105.00	\$137.00	\$347.00	\$882.00
Walking Track Only	FREE	-	-	-	-

<sup>\*</sup>Available to Carson City residents only

- 4 full-sized sport courts
- Fitness area
- 1/8 mile indoor walking track with exercise station
- Available for drop-in basketball, volleyball, and pickleball
- Winter Closures: 1/1, 1/20, 1/31 -2/2, 2/17, 3/8-3/9, 4/5-4/6, 4/14-4/18 until 12:30pm, 5/26

1860 RUSSELL WAY · (775) 887-2339 · MANAGER: SCOTT CHAPMAN, SCHAPMAN@CARSON.ORG







- · 50 meters x 25 yards.
- · 19 (25 yard) lanes, 8 (50 meter) lanes.
- · Long and short distance courses.
- · 2 diving boards (1 meter high).
- · Basketball hoop.
- · Pool depth 4 feet to 11.5 feet.
- · Pool temp. 80—82 degrees.

# **INDOOR PARENT/TOT POOL**

- · For children 6 and under with a participating adult.
- · Children must be within reach of an adult (15+) at all times.
- · Swim diapers are required for children who are not potty-trained.
- · Pool depth 6 inches to 3 feet.
- · Pool temp. 86—88 degrees.



# **ADULT THERAPY POOL (AGES 18+)**

- · Designed to assist swimmers with physical challenges or recovering from an injury.
- · Ramp and lift available.
- · Pool depth 2.5 feet to 5 feet.
- · Pool temp. 91—93 degrees.



# **OUTDOOR POOL**

- · 6 (25 yard) lanes.
- · 16 ft. tall open flume water slide.
- · Pool depth 3.5 feet to 6 feet.
- · Pool temp 79-81 degrees.

Season: May 6 - September 20 (times and programming may vary). **Slide Schedule:** Fridays 1:30pm-4:30pm; Saturdays 12:30pm-4:30pm



# **FITNESS CENTER**

- · 2 treadmills.
- · 2 elliptical machines.
- · 4 bike machines .
- · 1 stair stepper
- · Weight machines and free weights.
- · Must be 8 years or older to use fitness equipment.
- · Must be 14 years or older to enter unaccompanied by an adult (18+).

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# **FALL/WINTER HOURS OF OPERATION**

(August 19 - June 15)

	LAP SWIM	OPEN SWIM	PARENT/TOT POOL	ADULT THERAPY POOL	WEIGHT ROOM
Monday-Friday	5:45am-2:00pm 4:00pm-7:00pm	6:00pm-7:00pm	4:30pm-7:00pm +W: 10am-2pm	5:45am-9:00am 11:00am-1:30pm 4:30pm-7:00pm	5:45am-7:00pm
Saturdays	9:45am-4:00pm	12:30pm-4:00pm	12:30pm-4:00pm	9:45am-4:00pm	9:45am-4:00pm

# **RATES AND MEMBERSHIPS**

	DROP-IN	10 PUNCH	1 MONTH*	3 MONTH*	ANNUAL*
Adult (18-59)	\$5.00	\$38.00	\$49.00	\$124.00	\$315.00
Senior (60+)	\$4.00	\$30.00	\$39.00	\$99.00	\$252.00
Youth (4-17)**	\$4.00	\$30.00	\$39.00	\$99.00	\$252.00
Child (0-3)**	Free w/ swimming adult				
Family	\$14.00	\$105.00	\$137.00	\$347.00	\$882.00
Weight Room Only	\$3.00	\$23.00	\$29.00	\$74.00	\$243.00
Shower Only	\$1.00				

**POOL CLOSURES:** 1/17-1/19, 4/19@12pm

**HOLIDAYS:** 1/1, 1/20, 2/17, 5/26

- Pool admission fee includes weight room privileges.
- Lifejackets must be US Coast Guard Approved & are available free of charge upon request.
- The Aquatic Facility is CLOSED Sundays and holidays.
- \* 1 month, 3 month and annual passes are only available to Carson City residents.
- \*\* Children ages 6 and under must be accompanied by a participating adult in the water within arms reach.

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# Swim Lessons

SESSION	DATE	FEE	REGISTRATION BEGINS
1	2/4 - 2/27	\$44	Jan. 22 @ 6am
2	3/11 - 4/3	\$44	Feb. 26 @ 6am
3	4/22 - 5/15	\$44	Apr. 9 @ 6am

4:40pm: Tot 1, Tot 2, Tot 3, Level 1, Level 2, Level 3, Level 4
5:20pm: Tot 1, Tot 2, Tot 3, Level 1, Level 2, Level 3, Level 4
6:00pm: Tot 1, Tot 2, Tot 3, Level 1, Level 2, Level 3, Level 4



# **PLEASE NOTE**

- Children of all ages and abilities are welcome.
- Each session consists of eight, 30-minute lessons.
- Classes are held on Tuesdays and Thursdays for 4 weeks (except where noted).
- No make-up classes will be available for missed classes unless a class is cancelled by the Aquatic Facility.
- Please schedule lessons carefully. If a lesson is cancelled less than 7 days prior to the scheduled lesson, no refund will be given.

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LEVEL	PREREQUISITES	SKILLS TAUGHT
Tot 1	3-5 years of age	<ul> <li>Blowing bubbles through mouth and nose.</li> <li>Opening eyes underwater and retrieving a submerged object in less than 2 ft. of water.</li> <li>Assisted front and back float, front and back glide, and alternating arm and leg action.</li> <li>Changing direction while walking or paddling.</li> </ul>
Tot 2	3-5 years of age	<ul> <li>Safe water entry by jumping or stepping in.</li> <li>Safely exit the water using the ladder or sides.</li> <li>Bobbing fully emerged.</li> <li>Opening eyes underwater and retrieving a submerged object in less than 2 ft. of water.</li> <li>Unassisted front and back glide.</li> <li>Assisted alternating arm and leg action on front and back.</li> <li>Treading water using arm and leg action in moderate to deep water.</li> </ul>
Tot 3	3-5 years of age	<ul> <li>Enter deep water by jumping in.</li> <li>Submerge and retrieve an object in chest-deep water.</li> <li>Deep water floating on front and back.</li> <li>Diving from a seated or kneeling position.</li> <li>Tread water.</li> <li>Front and back glide 10 yards.</li> <li>Front crawl with rotary breathing, back crawl, and backstroke.</li> </ul>
Level 1	6 years of age & older	<ul> <li>Blowing bubbles through mouth and nose.</li> <li>Opening eyes underwater and retrieving a submerged object in less than 2 ft. of water.</li> <li>Assisted front and back float, front and back glide, and alternating arm and leg action.</li> </ul>
Level 2	6 years of age & older and completed level 1	<ul> <li>Enter deep water by jumping in.</li> <li>Exit water safely using ladder or sides.</li> <li>Bobbing fully submerged.</li> <li>Opening eyes underwater and retrieving a submerged object in greater than 2 ft. of water.</li> <li>Unassisted front and back glide, and alternating arm and leg action on front and back.</li> <li>Treading water using arm and leg action in moderate to deep water.</li> <li>Introduction to breaststroke and elementary backstroke.</li> </ul>
Level 3	6 years of age & older and completed level 2	Submerge and retrieve an object in chest deep water
Level 4	6 years of age & older and completed level 3	<ul> <li>Standing dive.</li> <li>Swimming underwater.</li> <li>Front crawl for 25 yards.</li> <li>Back crawl, breaststroke, and butterfly for 15 yards.</li> <li>Swim on side using a scissor-like kick.</li> <li>Tread water for 1 minute.</li> <li>Refine butterfly and sidestroke.</li> </ul>

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# Aquatic Programs

# AQUACIZE

Aquacize is a co-ed water exercise program for adults of all ages, in a friendly, energetic atmosphere. Swimming skills are not required. No music is used so the pace is relaxed. This low-impact, water exercise program will tone muscles of all parts of the body with less stress on muscles. Classes are one hour long. Drop-ins welcome.

Carson Aquatic Facility

Ages 18+

DATE	DAY	TIME	FEE
1/1 - 5/30	M-F	8am-9am	Pool Entry

# RANGE OF MOTION

This class is designed to increase mobility and range of motion through a series of gentle, head-to-toe exercises in the 92 degree Adult Therapy Pool. These exercises are extremely low impact and are perfect for those with arthritis or who are recovering from surgery or injury. If physical limitations, injuries, joint pain, or stiffness limit your mobility and/or exercising options, this class might be just what you need. Swimming skills not required. Exercises are not cardiovascular in nature.

Carson Aquatic Facility

Ages 18+

DATE	DAY	TIME	FEE
1/1 - 5/30	M,W, F	9am-9:45am	Pool Entry
1/1 - 5/30	T, TH	10am-10:45am	Pool Entry

# DEEP WATER EXERCISE

A 45-minute deep water cardio workout with music. A flotation belt is provided.

Carson Aquatic Facility

Ages 18+

DATE	DAY	TIME	FEE
1/1 - 5/30	M, W, F	9am-10am	Pool Drop-In

# GROWN-UPS & GUPPIES

Making the water fun for your guppy is the most important step in preparing for swim lessons. This class is designed to acquaint adult and child with play activities and to teach some **very basic** fundamental skills. The course is parent-driven, under the supervision of an instructor. No registration is required. Class is limited to 12 adult/child pairs, on a first-come, first-served basis.

Carson Aquatic Facility

Ages 6 months-4

DATE	DAY	TIME	FEE
1/1 - 5/30	W, F	10am	Pool Entry
1/7 - 5/30	TU	5:30pm, 6pm	Pool Entry

# ASD SWIM LESSONS

Inclusive lessons for individuals on the Autism Spectrum or other special needs requiring additional attention. All abilities are welcome. Classes are designed to have a maximum of 3:1 ratio and help participants learn how to be water safe. This is a drop-in program so come and try it out. Days and times may change due to instructor availability.

Carson Aquatic Facility

Ages 3-14

DATE	DAY	TIME	FEE
1/1 - 5/30	T, TH	2pm, 2:40pm, 3:20pm	Pool Entry



# DROP-IN WATER POLO

This is a casual water polo opportunity for all skills levels. It's a fun way to get in or stay in shape. Equipment is provided. This is a drop-in program and no instruction is provided.

Carson Aquatic Facility

Ages 16+

DATE	DAY	TIME	FEE
1/1 - 2/17	М	6:30-8pm	Pool Entry
2/24 - 5/30	М	7pm - 8:30pm	Pool Entry

# DROP-IN KAYAKING

Ever wanted to learn how to kayak, or to keep up with your skills during the off-season? The Carson Aquatic Facility is opening its doors to kayakers. This is a drop-in program and no instruction is provided. Please clean your kayak before entering the facility, or ask staff for access to a hose.

Carson Aquatic Facility

All Ages

DATE	DAY	TIME	FEE
1/1 - 2/17	М	6:30-8pm	Pool Entry
2/24 - 5/30	М	7pm - 8:30pm	Pool Entry

To register go to

www.carson.org/ccpr

# RED CROSS LIFEGUARD CERTIFICATION

Get trained as a lifeguard today! Red Cross Lifeguard Certification is a good way to seek lifeguard employment at facilities across the country, or just take the class to learn valuable skills in lifesaving, first aid, and CPR. Participants must be able to pass a pre skills swim test. The course is a blended learning program, where some course work will be online at home and the rest will be in person.

Carson Aquatic Facility

Ages 15+

DATE	DAY	TIME	FEE Emp./non-emp.
3/5 - 3/30	W, SU	W: 5pm-8pm SU: 8:30am-4pm	\$0/\$171
4/14 - 4/18	M-F	8:30am - 4pm	\$0/\$171
4/30 - 5/28*	W, SU	W: 5pm-8pm SU: 8:30am-4pm	\$0/\$171
6/9 - 6/13	M-F	8:30am - 4pm	\$0/\$171

<sup>\*</sup>No classes 5/11 or 5/18

# RED CROSS FIRST AID AND CPR

Interested in learning First Aid and CPR? Sign up for this educational session. Successful completion of the course will provide a certificate. Contact pool for registration.

Carson City Community Center

Ages 15+

All Ages

DATE	DAY	TIME	FEE
1/2	TH	9am-12pm	\$61
4/14	М	9am-12pm	\$61
6/11	W	9am-12pm	\$61

#### UNDERWATER EGG HUNT

Carson Aquatic Facility

# SPONSORED BY CARSON CITY TOYOTA

The Easter Bunny is missing hundreds of eggs and they've been found floating on the water at the Aquatic Facility. Kids should bring their goggles and a plastic basket, bucket, or mesh bag to collect eggs. All children must have a parent/adult present and kids 7 and under must be accompanied in the water. Please wear swim attire. Swim diapers are required for children who are not yet toilet trained. Coast guard approved lifejackets will be permitted and some are available to check out. Please arrive 15 minutes early. This event is free but preregistration is required. Register at www.carson.org/ccpr. Recommended age for Tot Pool is 6 years and under. Recommended age for Big Pool is 7 years and older. Registrations opens 4/2

DATE	DAY	TIME	FEE
4/19	SA	2pm - 4pm	FREE

# CARSON TIGERSHARKS COMPETITIVE SWIM PROGRAM

League swimming is the best way to be introduced to the sport of swimming without the high commitment of an elite club. Leagues run on a seasonal basis, and competitions are short and fun, typically running 2-3 hours. The Carson Tigersharks emphasize stroke technique, racing, and friendships for junior swimmers (aged 6-12) and senior swimmers (aged 13-18). ENTRY REQUIREMENTS: One 25yd length of front crawl, one 25yd length of back crawl, comfortable in deep water. For more information, visit: <a href="https://www.tigersharks.org">www.tigersharks.org</a> or contact Becki at (775) 721-6142, <a href="https://becki@tigersharks.org">becki@tigersharks.org</a>.

Carson Aquatic Facility

6-18vrs

LEAGUE	DATE	TIME	FEE
Winter League	1/13-3/13	Jr: M, W 5:15pm-6pm Jr. & Sr.: T, TH 5:15pm-6pm	\$150
Spring League	3/24-5/15	Jr: M, W 5:15pm-6pm Jr. & Sr.: T, TH 5:15pm-6:pm	\$135

# RED CROSS WILDERNESS FIRST AID

This is a two-day first aid class with an emphasis on managing first aid scenarios in remote or wilderness situations. Must already have First Aid/CPR/AED certification.

Carson City Community Center - Gym

Ages 14-

DATE	DAY	TIME	FEE
2/4-2/5	TU-W	9am-4pm	\$61



# Adaptive Recreation

The Movers & Doers program provides recreational experiences for individuals of all abilities and their families. Activities are designed to contribute to the physical, mental, social, emotional growth, and development of all individuals. To sign up, please contact Charmaine Angel at (775) 283-7424, <a href="mailto:cangel@carson.org">cangel@carson.org</a>. Sign up early as there are limited spaces available.

# GOAL GETTERS JOG, WALK & DO PROGRAM

The Goal Getters Jog, walk & Do program is a great way to beat the winter breeze and get your body moving. Each week participants will jog & walk at the Carson City MAC indoor track. Every lap a participant completes will be accounted for and the distance will be measured at the end of each session. As a team of Goal Getters participants will set out to go the distance. Make sure to bring water. Every participant will receive a Goal Getters long sleeved shirt.

Carson City MAC 13yrs+

DATE	DAY	TIME	FEE
12/4-1/20	М	4pm-5pm	\$5



# WILBUR D. MAY MUSEUM

Join us as we visit the May Museum that houses the private collection of Wilbur D. May; rancher, adventurer, and philanthropist. The Museum also hosts traveling exhibitions which will be available for us on our visit. Make sure to pack a lunch and water. Transportation is available.

Meet at Community Center-East Parking Lot 13yrs+

DATE	DAY	TIME	FEE
2/1	SA	11am-3pm	\$10

To register go to www.carson.org/ccpr

## VALENTINE'S DAY DANCE

Celebrate Valentine's day and dance the night away with fellow Movers & Doers.

1	Meet at Comm	13yrs+		
	DATE	DAY	TIME	FEE
	2/7	F	6nm-8nm	\$5

# ARTS, CRAFTS AND ROOT BEER FLOATS

Let's get creative! Join us at the Community Center Board room for arts & crafts and root beer floats. We will be making something fun and festive.

Meet at Community Center Bonanza Room 13yrs+

DATE	DAY	TIME	FEE
2/19	W	6pm-7pm	\$10

#### POPCORN AND A MOVIE

Need some mid-week fun? Come on down to the Carson City Community Center and enjoy popcorn and a movie.

Meet at Community Center Board Room

13yrs+

DATE	DAY	TIME	FEE
3/5-4/30	W	3:45pm-6pm	\$15

# SPRING BOWLING LEAGUE

Bowling is a great way to meet new friends, stay active and participate in a weekly league. Bowlers will get the chance receive a Movers and Doers Bowling Jersey and play 2 games of bowling. Shoes will be provided from Home Grown if you don't have any to use. Join the fun starting March 5.

Meet at Home Grown Bowl

13yrs+

DATE	DAY	TIME	FEE
2/27	TH	6pm-8pm	\$5

<sup>\*</sup>No bowling April 16



# TALENT SHOW-REHEARSAL

Do you have a talent. Well, come on out and show Carson City what talent you have and perform on stage. This will be a rehearsal for anyone that will be performing on April 17. You must be at the Theatre by 4:30pm to perform.

Bob Boldrick Theater 13yrs+

DATE	DAY	TIME	FEE	
4/16	W	4:30pm-8pm	Free	

# TALENT SHOW-PERFORMANCE

Do you have a talent. Well, come on out and show Carson City what talent you have and perform on stage. Performers must arrive to the Bob Boldrick Theater in the Carson City Community Center at 5:00pm to get ready for the show. Show will not begin until 6:00pm for all audiences.

Bob Boldrick Theater 13yrs+

DATE	DAY	TIME	FEE
4/17	TH	5pm-8pm	Free

# KAYAK AT THE AQUATIC FACILITY

Have you ever wanted to go kayaking? Come join us at the Carson Aquatic Facility pool. This is a great opportunity to get in a kayak, have fun and learn the basics.

Carson Aquatic Facility 13yrs+

DATE	DAY	TIME	FEE
4/27	SU	9am-11am	\$5



# ARTS, CRAFTS AND ROOT BEER FLOATS

Let's get creative! Join us at the Community Center Board room for arts & crafts and root beer floats. We will be making something fun and festive.

Meet at Community Center Bonanza Room 13yrs+

DATE	DAY	TIME	FEE
5/2	F	6pm-7pm	\$10

#### RENO ACES GAME

Join us and root for the home team at the Reno Aces Ballgame when they match up against the Las Vegas Aviators. Food will be provided for this event and will be served from approximately 1 hour before the first pitch to one hour after the first pitch. Food includes BBQ Chicken, Hot Dogs, Elote Corn, Mac & Cheese, Bakes Beans, Ceaser Salad, Fruit, and non-alcoholic beverages. Transportation is available.

Meet at the Carson City Community Center 13yrs+

DATE	DAY	GAME TIME	
5/9	F	Departs CC at 3:45pm Meet at front gate at 4:45pm Game starts at 6:05pm	\$45



# CARSON VALLEY SWIM CENTER

Swim, slide, and enjoy a day at the pool. Make sure to bring sunscreen, a lunch, and water.

Carson Valley Swim Center 13yrs+

DATE	DAY	TIME	FEE
5/17	SA	10am - 2pm	\$10

#### POPCORN AND A MOVIE

Need some mid-week fun? Come on down to the Carson City Community Center and enjoy popcorn and a movie.

Meet at Community Center Board Room

DATE	DAY	TIME	FEE
5/23	F	6pm-8pm	\$5



13yrs+

# Youth Sports

# HIGH SCHOOL BASKETBALL LEAGUE

This league is open to both boys and girls. This is a 10 - game season plus a post season tournament. Registration is open January 8th - February 14th. (Carson City Parks & Recreation uniforms are required. Past season uniforms can be used.)

Carson City MAC

9th-12th Grades

GRADE	DATE	DAY	TIME	FEE
9th-12th	2/18	TU, SA	Varies	\$82
Uniform				\$28

# SKYHAWKS SPRING BREAK SPORTS CAMP 📧

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion and teamwork. Registration open from March 1 - April 7.

Carson City MAC

6-12 years

DATE	DAY	TIME	FEE
4/14-4/18	M-F	9am-12pm	\$100



# UNR BASKETBALL DAY

Carson City Parks and Recreation is hosting a basketball day at UNR to watch the Wolfpack vs. San Jose State Spartans. Discounted tickets are available through: https://fevo-enterprise.com/event/CarsonParkRec

**Lawlor Events Center** 

All Ages

DATE	DAY	TIME	FEE
1/18	SA	3pm	\$10-\$20

# SKYHAWKS SOCCER TOTS



Soccer Tots is Skyhawks flagship program! Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! (Parent participation is required for participants under 4 years old.)

Carson City Community Center Gym 1.5-5 years

AGE	DATE	DAY	TIME	FEE
1.5-2.5	1/13-3/17	TU	9am-9:40am	\$80
1.5-2.5	3/31-5/12	TU	9am-9:40am	\$80
2.5-3.5	1/13-3/17	TU	10am-10:40am	\$80
2.5-3.5	3/31-5/12	TU	10am-10:40am	\$80
3.5-5	1/13-3/17	TU	11am-11:40am	\$80
3.5-5	3/31-5/12	TU	11am-11:40am	\$80



# KNIGHT MONSTERS HOCKEY NIGHT



Carson City Parks & Recreation is hosting a hockey evening at the Tahoe Blue Event Center as the Tahoe Knight Monsters take on the Idaho Steelheads! Come on out to witness the newest professional sports team to our area. Follow the provided link for discounted tickets starting at \$23: https://fevo-enterprise.com/event/Carsoncity30

Tahoe Blue Event Center

All Ages

DATE	DAY	TIME	FEE
3/28	SA	7:30pm	\$23+

# FOR TICKETING INFORMATION CONTACT THE SHOW GROUP





# Event Schedule

GROUP	PRODUCTION	DATES
Youth Theatre Carson City	Annie Jr. Musical	Jan. 17th-19th, 24th-26th
Fly Dance	Dance Competition	Feb. 1st
Future Business Leaders of America	Talent Show	Feb. 5th
Axis Dance	Dance Competition	Feb. 7th-9th
NZNMEA	Honor Choir	Feb. 13th-14th, 27th-28th
EnerGy Dance	Dance Competition	Feb. 14th-16th
Western Nevada Musical Theater	Review Show	Feb. 21st-23rd
Jazz Extravaganza	Concert	Feb. 25th
NZNMEA	Honor Band	Feb. 27th-28th
Carson City Symphony	Concert	Mar. 2nd
Carson High School	Fine Arts Concerts	Mar. 5th
Spotlight Dance	Dance Competition	Mar. 7th-9th
Herbie Hancock Institute of Jazz	Workshop	Mar. 10th-11th
Carson High School	Fine Arts Concerts	Mar. 13th
Thunderstruck Dance	Dance Competition	Mar. 14th-16th
NZNMEA	Instrumental Festival	Mar. 19th
Carson High School	Mr. Carson High	Mar. 21st
Carlos Mejia Godoy	Concert	Mar. 22nd
Capital City Comm. Band	Concert	Mar. 23rd
Youth Theater Carson City	Spring Musical	Mar. 28th-30th
Carson High School	Spring Musical	Apr. 4th-6th, 11th-13th

851 E. WILLIAM STREET · (775) 283-7419 · COORDINATOR: CAITLIN BEAUDETTE, CBEAUDETTE@CARSON.ORG

# Youth Programs and Enrichment

# PARENT'S NIGHT OUT

Parents, do you need a night out? Parents Night Out is a way for you to enjoy a night out without your kids. Our dedicated Capital Kids staff will be providing child care (K-5<sup>th</sup>) for parents who would like a night to themselves. We will be providing pizza, activities, and a movie for kids to enjoy! Hurry and sign up as there are limited spaces available.

Community Center-Bonanza Room K-5th Grade

DATE	DAY	TIME	FEE
2/7	F	6pm-9pm	\$20/child
4/25	F	6pm-9pm	\$20/child



# GOLDEN LION TAI CHI C'HAUN & QI GONG

Tai Chi - the ancient Chinese martial art form known worldwide for health, relaxation, and longevity benefits. Join us for a one hour class in Yang Tai Chi and Qi Gong; the most widely-practiced style of Tai Chi. This class is taught by the professionals from Golden Lion School. www.carsontaichi.com.

Community Center Comstock Room

All Ages

CLASS	DATE	FEE
All Classes	1/1 - 5/30	\$110/Month

DAY	TIMES
Mondays	1:30pm-2:30pm, 6:45pm-7:45pm
Wednesdays	1:30pm-2:30pm
Thursdays	6:45pm-7:45pm

## MR. CHUCK'S DRIVER'S EDUCATION

This 30-hour Driver's Education class (NAC 389.568) satisfies the requirement for a Nevada Driver's License. After completing the 30-hour class, the student will receive a certificate of completion.

Community Center Bonanza Room

15vrs+

SESSION	DATE	DAY	TIME	FEE
1	4/14 - 4/17	M-TH	8:00am-4:00pm	\$50

# CARSON JR VICTORY ROLLERS

Indoor Roller Derby! Girls and boys ages 10-17 will learn the basics of flat-track roller derby in a 6 week off-skates program before joining the rest of the team on the track. New participants are not required to have any skates or gear for the first 6 weeks and skating experience is not required. Once on skates, participants will learn how to skate safely and be taught derby rules and skills. Skaters advance at their own speed to eventually land a spot on the Junior Derby team. For more information contact:

<u>carsonjuniorvictoryrollers@gmail.com</u> <u>Community Center Gym</u>

10-17yrs

	DATE	DAY	TIME	FEE
First 6 weeks	1/1 - 5/30	T, TH	6:30pm-7:30pm	\$30
On-Skates	1/1 - 5/30	т, тн	6pm-7:30pm	\$25/
On-Skates	1/1 - 5/30	SU	12pm-3pm	



To register go to www.carson.org/ccpr



Capital Kids is a before and after school program that takes place every school day during the school year, plus camps held during winter, Thanksgiving and spring breaks. The Before School Program meets at the Carson City Community Center where school busses will take children to the appropriate school. The After School Program takes place at the various elementary schools in Carson City.

BEFORE SCHOOL

Carson City Community Center

Eligible Schools: Bordewich, Empire, Fremont, Fritsch, Mark Twain, Seeliger

SEMESTER	DATES	DAYS	TIME	FEE
SPRING	1/7-6/5	M-F	6:30am-8:00am	\$25/week

<sup>\*\*</sup> No Before School Programs on: 12/25, 1/1, 1/6, 1/20, 2/17, 5/26, 6/6

# AFTER SCHOOL

School Sites: Bordewich, Fremont\*, Fritsch, Mark Twain\*, Seeliger.

SEMESTER	DATES	DAYS	TIME	FEE
SPRING	1/6-6/6	M-F	3:15pm-6:00pm	\$50/week

- Students at Fremont and Mark Twain will be transported to Borderwich.
- No program on: 12/25, 1/1, 1/20, 2/17, 5/26

# WINTER BREAK CAMP (NO CAMP 12/25, 1/1)

WEEK	DATE	DAY	TIME	FEE
Week 1	12/23-12/27*	M-F	7:00am-6pm	\$125
Week 2	12/30-1/3	M-F	7:00am-6pm	\$125

<sup>\*12/24</sup> Hours 7am-4pm

# SPRING BREAK CAMP

DATE	DAY	TIME	FEE
4/14 - 4/18	M-F	7am-6pm	\$150

# CONFERENCE WEEK

Transportation not provided. Parents and/or guardians are responsible for transporting children from school to the Community Center.

DATE	DAY	TIME	FEE
3/24 - 3/28*	M-F	12:45pm-6pm	\$110

<sup>\*3/28</sup> All day program at the Community Center



# CONTACT AND REGISTRATION INFORMATION

**Andrew Menendez,** Recreation Program Supervisor · (775) 283-7428 · <u>amenendez@carson.org</u> **Dawn Bateman,** Recreation Program Coordinator · (775) 283-7430 · <u>dbateman@carson.org</u>

Register at <u>www.carson.org/ccpr.</u>



There's nothing better than spending the summer at Camp Carson. Camp Carson is a day camp program based in Carson City, NV for kids entering Kindergarten through 6th Grade. This is a great opportunity for kids to be involved in structured activities throughout the day, while meeting other kids their age. Camp Carson will introduce kids to fun and exciting indoor and outdoor activities that include STEAM, Arts & Crafts, Color Wars, Teambuilding, Swimming, and Field Trips.

# Camp starts June 16

(Registration opens May 5th for weeks 1-4, June 2nd for weeks 5-8)

# A typical week will be formatted as follows:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Team Building and Ice Breakers	Core Program Day	Movie Day	Core Program Day	Regional Field Trip Day

# **Ages**

Kindergarten - 6th Grade

# Price per child per week

\$125

(includes open swim)

+ \$30 Field Trip (optional add-on)

+ \$44 Swim lessons (optional add-on)

# CONTACT AND REGISTRATION INFORMATION

**Andrew Menendez,** Recreation Program Supervisor  $\cdot$  (775) 283-7428  $\cdot$  amenendez@carson.org

Dawn Bateman, Recreation Program Coordinator · (775) 283-7430 · dbateman@carson.org

Register at www.carson.org/ccpr starting May 5th



# Core Programs

Each age group will have a core program they will participate in for 1-2 hours per week throughout the summer.

# Miners (Kindergarten) - Get to Know Your World:

This program will teach our young campers about the world we live in. We will connect youth to nature through different activities that include art, plants, scavenger hunts, and more.

Big Horns (1st-2nd Grade) - PBS Kids: This resource is a collection of multi-media activities from kid's favorite PBS shows and characters.

#### Wolf Pack (3rd and 4th Grade) - Sports Revolution:

This new program will introduce kids to new games and sports that are age-appropriate and inspire them to have fun and be active.

program, designed by Carson City Parks and Recreation, teaches the value of nature and being active in the outdoors. Each week, Capitals will participate in a local outdoor activity such as hiking, biking, or fishing, often aided by organizations such as the Nevada Department of Wildlife.

> To register go to www.carson.org/ccpr

# SWIM LESSONS

All campers have the ability to participate in swim lessons while attending Camp. Swim lessons will be offered at a special time specific to Camp Carson campers. Don't worry about getting your kids to swim lessons, Camp staff will take care of that for you. Additional fee and registration required.

# FIELD TRIPS

Campers will have the ability to participate in a regional field trip each week. Regional field trips charter Capitals (5th & 6th Grades) - Exploration Nation: This school buses, and take campers to locations in Reno, Tahoe, or Douglas County for the majority of the day. Regional field trips are optional and require registration and additional fees.



# Arts and Culture

# TEEN ART FUSION

Where High School Art Students explore and expand their artistic skills and knowledge. Teen Art Fusion is an after-school program designed specifically for high school art students who are serious about art education, career opportunities and community engagement. Second and Fourth Wednesdays of each month.

Arts Building (801 N. Roop)

Ages 14-18

DATE	DAY	TIME	FEE
1/8 - 5/28	W	12pm - 3pm	Free



# SPRING BREAK ARTS ENRICHMENT CAMP HOSTED BY SIERRA ARTS FOUNDATION

Creative Play Through Art & Movement: Five fun-filled days of creative play through art making and creative movement. The young artists will be introduced to a wide range of unique and engaging art activities such as mask making, musical instrument making, and much more. The participants will explore the joy of creative expression through music and dance.

Arts Building (801 N. Roop)

Ages 7-12

DATE	DAY	TIME	FEE
4/14 - 4/18	M - F	9am - 12pm	\$100



# THE ART OF CREATIVE JOURNALING

# **HOSTED BY SIERRA ARTS FOUNDATION**

2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month. Art journaling is a visual journal where one explores different art making techniques while expressing dreams, ideas, feelings, and goals.

Arts Building (801 N. Roop)

18vrs+

DATE	DAY	TIME	FEE
1/8	W	6pm-8pm	\$25
1/22	W	6pm-8pm	\$25
2/12	W	6pm-8pm	\$25
2/26	W	6pm-8pm	\$25
3/12	W	6pm-8pm	\$25
3/26	W	6pm-8pm	\$25
4/9	W	6pm-8pm	\$25
4/23	W	6pm-8pm	\$25
4/14	W	6pm-8pm	\$25
4/28	W	6pm-8pm	\$25
6/11	W	6pm-8pm	\$25
6/25	W	6pm-8pm	\$25
	2/12 2/12 2/26 3/12 3/26 4/9 4/23 4/14 4/28 5/11	2/12 W 2/12 W 2/12 W 2/26 W 3/12 W 3/26 W 4/9 W 4/9 W 4/23 W 4/14 W 5/11 W	2/12 W 6pm-8pm 2/12 W 6pm-8pm 2/26 W 6pm-8pm 3/12 W 6pm-8pm 3/12 W 6pm-8pm 4/9 W 6pm-8pm 4/9 W 6pm-8pm 4/14 W 6pm-8pm 4/28 W 6pm-8pm 5/11 W 6pm-8pm

SPRING BREAK April 14-18, 2025





# SQUIRREL DAY



Tuesday, January 21 is National Squirrel Day! Come celebrate our mischievous friend, the squirrel, in Seely Loop in Mills Park and check out the new squirrel statue from northern Nevada artist Jeff Schomberg, donated by the Chamber of Commerce Leadership Class of 2024. Free fun for the family, geared toward elementary-aged children, all ages welcome.

Mills Park - Seely Loop

All Ages

DATE	DAY	TIME	FEE
1/21	TU	3:30pm - 5pm	Free



# MUSIC & ART TOT TIME

Early childhood arts activities including imitation and exploration in music, movement, and visual art. Recommended for children 1 to 5 years old with a participating adult. Free to attend - register in advance or drop in. To arrange bringing a childcare class or other group, please contact <a href="mailto:afreeman@carson.org">afreeman@carson.org</a> in advance.

Arts Building (801 N. Roop)

1-5 year

DATE	DAY	TIME	FEE
1/6 - 5/19	М	10am - 10:40am	Free
1/6-5/19	М	11am-11:40am	Free

To register go to www.carson.org/ccpr

# FAMILY ART SATURDAYS

#### **HOSTED BY SIERRA ARTS FOUNDATION**

Through fun and engaging hands-on art activities for the whole family, we will travel through time to explore the art styles and techniques of world famous artists.

Arts Building (801 N. Roop)

All Ages

WORKSHOP	DATE	DAY	TIME	FEE
Renaissance & Da Vinci	1/11	SA	10am	\$10
Renaissance & Michelangelo	1/25	SA	10am	\$10
Pop Art & Warhol	2/8	SA	10am	\$10
Pop Art & Lichtenstein	2/22	SA	10am	\$10
Cubist & Picasso	3/8	SA	10am	\$10
Surrealist & Dali	3/22	SA	10am	\$10
Post Impressionist & Van Gough	4/12	SA	10am	\$10
Post Impressionist & Rodin	4/26	SA	10am	\$10
Impressionist & Monet	5/10	SA	10am	\$10
Impressionist & Cassatt	5/24	SA	10am	\$10
Realist & O'Keeffe	6/14	SA	10am	\$10
Abstract & Escher	6/28	SA	10am	\$10



# Adult Classes and Enrichment

# SHINE DANCE FITNESS

SHINE mixes current hit music with original choreography for the ultimate confidence-boosting, full-body workout experience you didn't know you needed! We believe fitness should be inclusive, effective, sustainable and FUN! Come along! It's your time to SHINE!

Community Center - Tahoe Room

13+yrs

DATE	DAY	TIME	FEE
1/1 - 5/30	M, W	5:30pm	\$10/class
1/1 - 5/30	Т	9am	\$64/month
			\$80/10-punch card

# CARSON VICTORY ROLLERS

The Carson Victory Rollers are a player-owned & operated non-profit league. Our mission is to train and support roller derby athletes, grow the sport locally, and increase access for members and fans alike. This league values inclusiveness for all, and a roller derby environment that fosters both athletic and personal growth. As a not-for-profit organization, with the camaraderie and support of the community, they hope to give back through charity work, and provide entertainment suitable for all ages. All participants will be required to complete a six week off-skate program. For more information visit:

www.<u>carsonvictoryrollers.com</u> or email: <u>carsonvicto-ryrollers@gmail.com</u>

Community Center	17	'vrs+		
SESSION	DATE	DAY	TIME	FEE
First 6 Weeks	1/1 - 5/30	T, TH	6:30pm- 8:30pm	\$45
On Skate Practice	1/1 - 5/30	T, TH	6:30pm- 8:30pm	\$25/ Month
On Skills Practice	1/1 - 5/30	SU	3pm - 6pm	

# MUSCLE RESISTANCE TRAINING PROGRAM

This class is taught with the senior in mind. Those grand golden years have come upon us. Retirement, golf on Saturdays and Sunday brunch with the kids. It's just as important now as it was when we were younger, in fact more so! This class focuses on strengthening muscles used when walking and getting out of a chair; reduces fear of falling, and aids seniors in staying mobile.

Community Center-Bonanza Room

55yrs+

DATE	DAY	TIME	FEE
1/1-5/30	M, W, F	9:45am-10:30am	FREE

# GOLDEN LION TAI CHI C'HAUN & QI GONG

Tai Chi - the ancient Chinese martial art known worldwide for health, relaxation, and longevity benefits. Join us for a one hour class in Yang Tai Chi and Qi Gong; the most widely practiced style of Tai Chi. This class is taught by the professionals from Golden Lion School.

www.carsontaichi.com.

Community Center-Comstock Room

All Ages

•	LLASS	DATE	PEE
All	All Classes 1/1 - 5/30		\$110/Month
DAY		TIMES	

DAY	TIMES
М	1:30pm-2:30pm, 6:45pm-7:45pm
W	1:30pm-2:30pm
TH	6:45pm-7:45pm



# DOG OBEDIENCE

If you need help in establishing good conduct and curbing bad habits, this is the course for you. Instructor Guy Yeaman's 50 years of experience will help you teach your dog to obey all the basic obedience commands; heel, sit, stand, stay, and recall. Each dog needs a training collar (choke chain, Halti, gentle leader, etc.). Dogs must be at least 4 months old and current on their shots. Written shot records must be shown at the start of class. For more information visit <a href="https://www.dogmanguy.com">www.dogmanguy.com</a> or call Guy at (775) 265-4530.

Fuji Park 8yrs+

SESSION	DATE	DAY	TIME	FEE
1	1/7 - 2/11	Т	6:30pm-7:30pm	\$100
2	2/18 - 3/25	Т	6:30pm-7:30pm	\$100
3	4/22 - 5/27	Т	6:30pm-7:30pm	\$100



The Foundation for Carson City Parks and Recreation is pleased to offer scholarships now for qualifying families to get discounts on most programs offered through the Carson City Parks, Recreation & Open Space Department.

Visit the link for more information and to apply!



**Swim Lessons** 



Youth Sport Leagues



Specialty Camp and Programs

www.carson.org/scholarships



(775) 887-2262

# Adult Sports

# ADULT BASKETBALL LEAGUE

Time to tie up those ol' hi-tops and step out on the court! With a 10-game season plus a post season, things are going to be competitive this year. Make sure you don't miss out on all the action.

Carson City MAC

18yrs+

DIVISION	DATE	DAY	TIME	TEAM FEE
Open	2/26	M, W	6pm, 7pm, 8pm	\$650
30+	2/25	TU, TH	6pm, 7pm, 8pm	\$650

# ADULT VOLLEYBALL LEAGUE

Grab some friends and stay warm indoors during those cool Spring evenings with our coed volleyball league! This is a 10-game season plus postseason playoffs and is a 6v6 league. Teams must have at least 3 females on the court. (More females than males are permitted.)

Carson City MAC

18yrs+

DATE	DAY	GAME TIME	TEAM FEE
3/3	M, W	6pm, 7pm, 8pm	\$305

# ADULT KICKBALL LEAGUE

Come and play the newest team sport Carson City has to offer! This is a 6-game season plus postseason on Wednesday evenings. Lower competition league with an emphasis on FUN!

Centennial Sports Complex

18yrs+

DATE	DAY	GAME TIME	TEAM FEE
5/7	W	Evenings	\$264



#### ADULT SOFTBALL LEAGUE

Men's division includes a 10-game season plus postseason. Coed division includes a 6-game season plus postseason. Registration is open from March 1 - April 25.

Centennial Sports Complex

18yrs+

DIVISION	DATE	DAY	TIME	TEAMFEE
Men's	5/7	M, W	Evenings	\$528
Coed	5/9	F	Evenings	\$264



# SELF-PACED MARATHON

If your New Year's resolutions include exercise, try this marathon that can be broken up at your pace and your schedule. You can walk, jog, or run. MAC staff will help track your distance. Includes a t-shirt upon completion of 26.2 miles, which is 208 laps on the MAC track.

Carson City MAC

All Ages

DATE	DAY	TIME	FEE
1/13-3/13	M-SU	During MAC Hours	\$10

# DISC GOLF INTRODUCTION



This is an introductory session to the sport of disc golf! Volunteers will be onsite teaching the basics of the sport. Instruction will begin at 11am. Bring the family down to the park for the day and learn about a fun sport!

Mills Park

All Ages

DATE	DAY	TIME	FEE
5/17	SA	11am-12:30pm	FREE

# CAPITAL CITY SPRING FLING DISC GOLF TOURNAMENT

Join us at the Carson Ridge Disc Golf Park for a fun tournament style round of Cinco de Mayo Disc Golf. The round will include both the Pony Express and Stadium Courses for a total of 27 holes. This event is a fundraiser for the Carson City Movers and Doers program, which focuses on providing adaptive recreational activities and opportunities within our community. The Stadium course will be set up in a short layout to ensure fun for all ages and abilities! Four divisions including Open, Women, Senior (50+) and Junior (<15) with prizes donated from local businesses for top finishers in each division. At the conclusion of play, stick around to celebrate Cinco de Mayo in style with a food truck and the local Disc Golf Community. Register at <a href="https://www.discgolfscene.com">www.discgolfscene.com</a>.

Carson Pidgo Diss Colf Park

Carson Ridge Disc Golf Park

All Ages

DATE	DAY	TIME	FEE
5/4	SU	TBD	\$20

### DINKS & DRINKS PICKLEBALL TOURNAMENT

Round-robin pickleball tournament with bracket play and medal rounds as appropriate. All ages, skill levels (2.5-4.5+) Carson City Parks and Recreation Department supplies a bar with beer, wine, seltzers, as well as water and hydration drinks. Proceeds from the tournament go to the Mills Park Pickleball Court Project Fund at the Foundation for Carson City Parks and Recreation, a 501(c)(3) organization. Register at <a href="www.pickleballbrackets.com">www.pickleballbrackets.com</a>, search for Carson City. Registration opens Feb 1.

Carson City MAC All Ages

DATE	DAY	TIME	FEE
4/5-4/6	SA-SU	9am-5pm	\$40/First event \$15/Second event \$30/shirt



# PICKLEBALL WITH MAE: INTRODUCTION TO PICKLEBALL

This is a 4-session class that will introduce new players to the fun sport of pickleball. Participants will learn the fundamentals for game play including game rules, basic serving and hitting (dinks and volleys), plus proper scoring instruction.

Carson City MAC

18yrs+

#### **MORNING CLASSES**

SESSION	DATE	DAY	TIME	FEE
1	1/7 - 1/16	TU, TH	9:30am-11am	\$75
2	2/18 - 2/27	TU, TH	9:30am-11am	\$75
3	3/25 - 4/3	TU, TH	9:30am-11am	\$75
4	4/29 - 5/8	TU, TH	9:30am-11am	\$75

#### EVENING CLASSES

SESSION	DATE	DAY	TIME	FEE
1	3/25 - 4/3	M, W	5:15pm-6:35pm	\$75
2	4/29 - 5/8	M, W	5:15pm-6:35pm	\$75

# PICKLEBALL WITH MAE: PICKLEBALL FOR ADVANCED BEGINNERS

This is a 6-session class that is meant for participants who are familiar with the basics of Pickleball. Participants will improve upon their skills in dinking, volleying, gameplay strategy, positioning, footwork, defense, etc.

Carson City MAC

18yrs+

# **MORNING CLASSES**

SESSION	DATE	DAY	TIME	FEE
1	1/7 - 1/23	TU, TH	11am-12:30pm	\$110
2	2/18 - 3/6	TU, TH	11am-12:30pm	\$110
3	3/25 - 4/10	TU, TH	11am-12:30pm	\$110
4	4/29 - 5/15	TU, TH	11am-12:30pm	\$110

#### **EVENING CLASSES**

SESSION	DATE	DAY	TIME	FEE
1	3/25 - 4/10	M, W	6:30pm-8pm	\$110
2	4/29 - 5/8	M, W	6:30pm-8pm	\$110

# PRIVATE PICKLEBALL INSTRUCTION

Mae offers private pickleball classes. For more information or to schedule a class, contact Mae Hiatt pickleballwithmae@gmail.com (408) 608-9866.

Carson City MAC

18yrs+

To register go to www.carson.org/ccpr

# Park Ranger-Led Programs

In 1996, Carson City residents voted for the Quality of Life Initiative which created the Open Space program. Carson City now has thousands of acres of Open Space and miles of trails. Come check out Carson's beautiful Open Space properties on one of the many interpretive hikes. They're free and great for all ages.

# GALAXY TALK

Join the Carson City Park Rangers and Dr. Thomas Herring, Professor of Physics at WNC, for a star gazing event at Silver Saddle Ranch. Telescopes will be set up around the Red House area and staff will be around to instruct on our solar system, the Milky Way Galaxy and much more!

Silver Saddle Ranch

All Ages

DATE	DAY	TIME	FEE
12/6	F	6:30pm-7:30pm	FREE

# HOLIDAY HIKE

Lace up your hiking boots and get ready to join the Carson City Park Rangers for a festive holiday hike! This holly jolly hike encourages participants to wear their ugliest holiday sweater. We will be walking from Riverview Park to the Carson River while discovering the secrets of how wildlife prepares for the colder months ahead.

Riverview Park All Ages

DATE	DAY	TIME	FEE
12/14	SA	1pm-3pm	FREE



# WINTER WONDERLAND PATROL

Join a Carson City Park Ranger on a foot patrol of the Carson River Trail system from Silver Saddle Ranch. These unique Park Ranger adventures offer an experience similar to a Park Ranger's daily patrols of the Carson City's trails. Participants may be able to address safety concerns, vandalism, and anything else that comes up. You can also look forward to climate and snow discussions, in addition to how riparian habitat and wildlife persists through bitter cold.

Silver Saddle Ranch

All Ages

DATE	DAY	TIME	FEE
1/25	SA	1pm-3pm	FREE

# Splash Pad Information

The Splash Pad is located in McFadden Plaza, off Carson Street, across from the Nevada State Legislature. The Splash Pad is free and open to the public.

# SEASONAL DATES

June 1st-September 29th

# HOURS OF OPERATION

Dawn to Dusk



# JR RANGER ACTIVITY - NATURE JOURNAL THE PINK FULL MOON HIKE

Join Carson City Park Rangers for their newest Jr. Ranger Program, Nature Journal. In this adventure, Jr. Rangers will explore the beautiful Carson River corridor, honing their observation skills while learning about plants, animals, and the landscapes around them. This program is perfect for young explorers eager to connect with nature!

Riverview Park All Ages

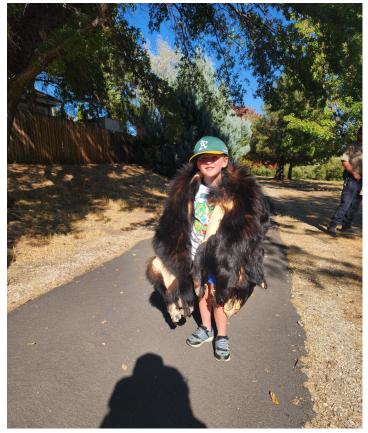
DATE	DAY	TIME	FEE
2/15	SA	1pm-3pm	FREE

# BEAR WALK

Join the Park Rangers for an educational walk all about the black bears! While enjoying a walk along the paved paths around Long Ranch Park, you will gain a deeper understanding of these fascinating creatures and the ecosystem they call home.

Long Ranch All Ages

DATE	DAY	TIME	FEE
3/15	SA	3pm-4:30pm	FREE



To register go to www.carson.org/ccpr

Join the Carson City Park Rangers for a moonlit hike underneath the Pink Moon. We will be adventuring up the Wild Horse Trail located at the North end of Centennial Park. Wild Horse Trail All Ages

DATE	DAY	TIME	FEE
4/12	SA	8pm-9:30pm	FREE



# KIDS TO PARKS DAY

"Kids to Parks Day is a national day of outdoor play celebrated annually on the third Saturday of May. The day connects kids and families with their local, state, and national parks and public lands through thousands of park events that promote discovery and exploration in the great outdoors." - National Park Trust

The community is invited to Mills Park for the 6<sup>th</sup> annual Kids to Parks Day event here in Carson City! The celebration will include music, food, outdoor activities from local organizations, educational booths, and the Junior Park Ranger Olympics! The whole community is invited to join in on this fun day of outdoor play!

Mills Park All Ages

DATE	DAY	TIME	FEE
5/17	SA	10am-2pm	FREE



# Outdoor Programs

# SNOWSHOE TRIPS

Snowshoeing is the perfect way to get out and exercise and enjoy nature during the winter months. These snowshoe trips are designed with the beginner in mind. No experience is necessary. Snowshoes, poles, and transportation are provided. Dates and locations are subject to changed based on weather and snow conditions.

Meet at The MAC 13yrs+

**Full-Moon Trips:** Headlamps will be provided. Expect colder temperatures and dress in layers.

**Sunset Trips:** Headlamps will be provided just in case it gets dark before getting back to the car. Be prepared for colder temperatures and dress in layers.

DESTINATION	DATE	DAY	START TIME	COST
Skunk Harbor/Lake Tahoe	1/4	SA	10am	\$30
Full Moon at Chickadee Ridge	1/13	М	4pm	\$40
Sunset at Spooner Lake	1/27	М	3:30pm	\$30
Full Moon at Hope Valley	2/12	W	5:30pm	\$40
Grass Lake Meadow	2/22	SA	10am	\$40





# SHRED KIDS SKI & SNOWBOARD PROGRAM

This is an amazing deal to learn how to ski or snowboard with everything included! This is a 6-week program for all skills levels. Participants will jump on a bus at the Carson City Community Center after school on Fridays where they will enjoy and evening on the slopes with their friends. Included in the cost: Transportation, ski/snowboard rentals, 1 hr lesson each day, dinner, free time on the mountain, and a season pass!

# Volunteer chaperones needed.

**Boreal Mountain Resort** 

6th-12th Grad

DATE	DAY	TIME	FEE
1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28	F	3pm-9:30pm	\$290



# SCHOOL MINIMUM DAY ADVENTURES

Let's take advantage of school getting out early and do some fun activities. Each minimum day we'll have something planned to get outside or participate in some adventurous activity. Transportation is provided from the Community Center to the day's destination. Please pack lunch/snacks and water. Space is limited so register early.

Meet at the Community Center 6<sup>th</sup>-12<sup>th</sup> Grades

DATE	ACTIVITY	DAY	TIME	COST
1/22	Snow Day/sledding/ snowman/games	W	12:30pm-5pm	\$10
2/26	Snowshoeing	W	12:30pm-5pm	\$10
3/26	Indoor Rock Climbing at Douglas Community Center	W	12:30pm-5pm	\$10
4/23	Pool Kayaking/SUP/ Games	W	12:30pm-5pm	\$10
5/28	Tahoe Hike	W	12:30pm-5pm	\$10

To register go to www.carson.org/ccpr

# Special Events

# UNDERWATER EGG HUNT

#### **SPONSORED BY CARSON CITY TOYOTA**

The Easter Bunny is missing hundreds of eggs and they've been found floating on the water at the Aquatic Facility. Kids should bring their goggles and a plastic basket, bucket, or mesh bag to collect eggs. All children must have a parent/adult present and kids 7 and under must be accompanied in the water. Please wear swim attire. Swim diapers are required for children who are not yet toilet trained. Coast guard approved lifejackets will be permitted and some are available to check out. Please arrive 15 minutes early. This event is free but preregistration is required. Register at www.carson.org/ccpr. Recommended age for Tot Pool is 6 years and under. Recommended age for Big Pool is 7 years and older. Registrations opens 4/2

Carson Aquatic Facility All Ages

DATE	DAY	TIME	FEE
4/19	SA	2pm-4pm	Free



# KIDS TO PARKS DAY

"Kids to Parks Day is a national day of outdoor play celebrated annually on the third Saturday of May. The day connects kids and families with their local, state, and national parks and public lands through thousands of park events that promote discovery and exploration in the great outdoors." – National Park Trust

The community is invited to Mills Park for the 6<sup>th</sup> annual Kids to Parks Day event here in Carson City! The celebration will include music, food, outdoor activities from local organizations, educational booths, and the Junior Park Ranger Olympics! The whole community is invited to join in on this fun day of outdoor play!

Mills Park All Ages

DATE	DAY	TIME	FEE
5/17	SA	10am-2pm	FREE

# SHARE YOUR TALENTS WITH US

City Parks, Recreation & Open Space utilizes a variety of contractors "contract classes", to efficiently maximize our program offering to the community. Carson City takes care of the logistics such as facility space, marketing, and registration, so you can focus on doing what you love most, whether it's dancing, art, music, fitness, or sports.

If you're interested in teaching a contract class, contact Dan Earp, Recreation

Superintendent at (775) 283-7422

djearp@carson.org







# **Parks & Recreation Staff**

If you're looking to work in a fun environment this is the place! Now hiring positions at the Multi-Purpose Athletic Center, Sports Programs, Aquatic Facility and Youth Before and After School Programs. All positions start at \$13.50/hour or higher. Flexible scheduling available to fit school and extracurricular activities.

# Requirements

- At least 15 years of age
- Passionate about community and having fun!

# **Apply now**

Apply online at: www.carson.org/jobs

# **OUR OFFICE**

851 E Willliam St. Carson City, NV 89701

